

TISCUK Skills Session

Safeguarding Through a Trauma-Informed Lens (3-hour advanced session)

22nd April 9.30am-12.30pm

For TISCUK Graduates Only

This session takes a deeper look at safeguarding practice through the Protect–Relate–Regulate–Reflect approach. It's designed for professionals who already understand TISCUK's models and principles and want to strengthen how these values show up in their organisation's wider safeguarding work.

Across three hours we'll explore what trauma-informed safeguarding looks like in day-to-day school life: how we receive disclosures, record keeping, support for staff after difficult incidents, and how schools can hold boundaries without shaming or escalating children who are already overwhelmed.

We will work through practical examples drawn from the TISCUK model, looking closely at language, attunement and presence in safeguarding interactions.

We will also think about the emotional impact on staff and the importance of reflective debriefing and supervision as part of keeping everyone safe.

This will be a reflective workshop for graduates who want to consider their practice and embed trauma-informed safeguarding across their setting. There will be opportunities to work with other delegates throughout the session.



Outcomes:

By the end of the session, delegates will:

- Understand how trauma-informed principles can enhance safeguarding practice.
- Recognise the importance of accurate records.
- Understand how to apply PACE and PRRR principles to safeguarding interactions.
- Understand the importance of reflecting on their own role in upholding relational safety during high-stress incidents.

Devised and delivered by Katie Malley:

Strategic Safeguarding Lead at Trauma Informed Schools UK, 20 years' experience in safeguarding and mental health. Former Assistant Principal. NSPCC and Safer Recruitment Accredited trainer. Specialist Leader in Education, Child Exploitation Practitioner, and Certified MHFA England Instructor.

