

Certificate in Leading Relational Parenting Groups ...Because good relationships change everything

AMAZING
DEAL

We'll give you all the materials you need to run your groups: PowerPoints, film clips, guidance notes... packed full of delightful and moving resources that work.

Build your confidence and skills to lead relational parenting groups in schools or other settings that truly make a difference.

What parents will gain from your groups

- Tools to create more playful, calmer, stress-reducing interactions at home
- Greater confidence and satisfaction in their parenting
- A deeper understanding of their child's/teenager's thoughts, feelings and behaviour
- Parenting skills that help break unhelpful intergenerational patterns
- Practical ways to use strengthen and deepen meaningful connection
- A more connected, understanding and positive relationship with their child/teenager
- A place to share common experiences, frustrations as well as lovely moments and successes.

All the relational interventions covered in your five parenting sessions, not only make family life easier and far more rewarding, but they bring positive changes to the child/teen, emotionally, socially and cognitively.

Finally the training also shows you how to create safe, supportive spaces where parents can connect, reflect and enhance their personal and social development too!

Course structure

- 1 x full day training
- 1 x webinar – Understand group dynamics for group facilitators (view in own time)
- 1 x full day including supervision & group facilitation
- 1 x assessment day (20 minute PP presentation of your experience of running the parenting group)
- Work based implementation (the parenting course is 5 sessions of 90 minutes each. They can be run fortnightly, monthly. It's up to you)

Who it is for

The training is open to Practitioners who have received the TISCUK Diploma qualification (not just attendance) or wellbeing training equivalent, counselling or psychotherapy qualification, senior counselling/ psychotherapy trainee status (at least second year and started supervised clinical work). You will need to be working in a school or setting in a role that supports parents.

Time commitment

3.5 days training + work-based learning

Fees

£549 per person. £95 annual fee to maintain accredited facilitator status and access to materials.



To book:

www.trauma-informed.uk