

**LEARN ANYTIME, ANYWHERE –
ONLINE MODULES**



Certificate in Early Years Trauma-Responsive Practice

Transform outcomes for infants affected by trauma and neglect

Why this training matters

The early years lay the foundation for lifelong mental health. Yet for some infants, this crucial period is shaped by trauma, neglect, or unmet emotional needs – often rooted in the parent's own adverse childhood experiences. Without the right support, these infants can grow up in survival mode: unable to learn, play, have fun, or build lovely relationships. But with the right interventions, everything can change. When adults understand both traumas of omission (what was missing) and traumas of commission (what happened) and are equipped with the right relational and therapeutic skills, infants can go on to recover and flourish. This training provides those skills underpinned by key evidence based theoretical models.

A deeply moving training featuring rich video footage of adult-infant interactions that heal

You will watch a wealth of real interventions in action – research-informed approaches that directly address developmental needs. These are deeply moving moments of connection between infants and practitioners, from babies as young as three months to children aged five.



Benefits of Attending

What you will gain from attending:

- An understanding of how early trauma shapes developing mind, brain and body
- Confidence in recognising developmental delays and how to address them
- Interventions that support social, emotional and language development
- Be able to build an infant's self-esteem and provide secure attachment

You will learn how to:

- Transform the impact of early trauma
- Help infants feel safe, emotionally regulate and develop lovely relationships
- Use attuned, empathic interactions to calm and connect
- Communicate with mental state talk and collaborative sense making
- Provide enriching sensory and attachment-based play
- Support parents to attune, set boundaries and break cycles of trauma

Certification requirements

Written assessment: 300 words per module reflecting on key personal take aways and learning.

Presentation: A recorded 15-minute PowerPoint demonstrating the understanding of theory and application of training interventions with under-fives **£449**

Alternative pathway to certification: Certificate in Understanding Early Year Trauma-Responsive Practice
Written assessment only £370

For booking and further enquiries contact:

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