

Advanced Certificate in Therapeutic Skills for Trauma Recovery

6 Day advanced course for TISUK practitioners

About the training

This training comprises a wealth of age-appropriate therapeutic interventions, tools and techniques with fascinating theoretical underpinnings from the latest research in child and adolescent psychology, psychoanalysis and neuroscience. It aims to support the practitioner to enable vulnerable children/young people to move from mental health problems, troubled relationships and mind in torment, to mind in peace. In this endeavour, delegates will gain key therapeutic skills from Emotion Focused Counselling and Dyadic Developmental Psychotherapy.

Duration:

6 days. 9.30am to 4pm each day

Dates:

7th and 8th October 2025

Monday, 10th November 2025

Monday 1st December 2025

Wednesday, 14th January 2026

Monday, 9th February 2026

Fees:

£849

Benefits from attending

You'll learn:

- Advanced skills in sandplay therapy, big empathy drawing, use of emotion cards, therapeutic storytelling.
- How both mental health symptoms and violent behaviour are communications about and defence against emotional pain.
- Use of arts, metaphor and image to help children/young people explore their inner worlds.
- How to work effectively through all stages of trauma recovery.
- How to connect with highly defended children/young people.
- How to establish an effective working alliance with parents.
- How to develop a meaningful dialogue with children/young people so they are able to address core pain and change emotion with emotion
- How, when, where to refer on.



More information and how to apply:

www.traumainformedschools.co.uk info@traumainformedschools.co.uk